

Commanders	2	School	22
News	3-13	Police	23
Feature	10	DHR	24
FMWR	16	Chapel	25
Health	17	Legal	28
Community	18-19	Sports/Fitness	32



"No matter how minimal the task may seem, strive to do it as best as you are capable."

Carlson retires ... Page 3

The Fort Jackson Leader

Thursday, October 2, 2008

Published for the Fort Jackson/Columbia, S.C. Community

www.fortjacksonleader.com

Fort Jackson grieves

Last respects paid to two BCT Soldiers

Mike A. Glasch
Leader Staff

The Fort Jackson community paid its final respects during memorial services Monday and Tuesday to two Basic Combat Training Soldiers who died last week. Pvt. Dominique Brooks, Company E, 2nd Battalion, 60th Infantry Regiment, died Sept. 25 after suffering a seizure, and Pvt. Derryl Britt, Company B, 2nd Battalion, 13th Infantry Division, died Saturday after suffering a brain hemorrhage.

According to official reports, Britt started complaining of dizziness and exhaustion after physical training Sept. 23 and then began vomiting. Britt was initially taken to Moncrief Community Army Hospital, and later transported to Palmetto-Richland Hospital.

Doctors discovered that the 20-year-old



Britt



Brooks

Durham, N.C.-native was suffering from an inter-cranial hemorrhage.

His condition continued to deteriorate during the next two days. He was eventually declared brain dead and removed from life support.

Britt was scheduled to graduate Nov. 26. He is survived by his mother and father.

According to the Commander's Critical Information Requirement, Brooks was discovered the morning of Sept. 25 on the barrack's floor having a seizure. She was able to verbally respond to questions. Paramedics were called to the scene and performed CPR. Brooks was transported to Providence Heart Institute, where she was pronounced dead at 6:14 a.m.

See **BCT** Page 8

WTU Soldier, wife in critical condition; child dies in fire

Crystal Lewis Brown
Leader Staff

A Fort Jackson Soldier and his wife remain in critical condition after surviving a house fire Friday that claimed the life of their 2-year-old daughter.

Staff Sgt. Gregrey Mitchell, who is assigned to the Warrior Transition Unit, and his wife, Casey, are at the Joseph M. Still Burn Center at Doctors Hospital in Augusta, Ga. *The State* newspaper reported last week that Mitchell, a neighbor and firefighters tried to rescue daughter Brianna from the fire but were unable to save her.

She died of carbon monoxide poisoning and smoke inhalation, the report states. The cause of the fire at their rental home in Hopkins is still

under investigation, but is not considered suspicious.

WTU administrative director Joseph Hightower said the unit is working very closely with the Mitchells' families. Both sets of the couple's parents are with them at the hospital.

"It's a trying time for the family," Hightower said. "We're working with the (Soldier and Family Assistance Center) to make sure they are accommodated."

A team from the unit has been with the family in Augusta since last week to provide support and any assistance they may need, Hightower said. "That's part of the reason we wanted to meet with

See **Fire** Page 4



Photo by Mike A. Glasch

Soldiers from Company E, 2nd Battalion, 60th Infantry Regiment pay their final respects Tuesday during a memorial service for Pvt. Dominique Gibson-Brooks at Bayonet Chapel. Brooks died Sept. 25 after suffering a seizure while in the company barracks.

COMMANDERS' CORNER

From the Commanding General

Practicing safety essential part of being a Soldier



Brig. Gen. May

It distresses me any time I read a report of an accident that clearly could have been avoided if safety procedures had been followed.

Just recently, a Soldier was killed in a negligent discharge incident downrange.

The victim was standing in the proximity of another Soldier who was clearing a M500 shotgun. The Soldier did not use a clearing barrel when he pulled the trigger and discharged the weapon into the abdomen of the victim.

Including this incident, there have been 26 Class A negligent discharge incidents resulting in the death of Soldiers while on duty in the past eight years. A Class A accident is characterized by a fatality or permanent, total disability.

Closer to home, this past spring a Soldier was accidentally killed in a negligent discharge incident that occurred in Georgia, and this accident occurred when the Soldier was off duty.

The sergeant was at his residence with his roommate getting ready to go to a shooting range the next day. The roommate stepped out of the room and the sergeant loaded various weapons. When the roommate returned to the room, he picked up a weapon. It discharged, striking the sergeant.

Since my arrival here at Fort Jackson, there have been a number of negligent discharges which have come to my attention. Perhaps I need to make a point perfectly clear.

Plain and simple, negligent discharges are unacceptable. We are very fortunate that the incidents here did not result in tragic consequences.

It's a fact that the most prevalent mistakes leading to negligent discharges can be defined as horseplay, improper clearing procedures, failing to keep the weapon on safe and having a finger on the trigger when there is no intent to fire.

But therein is the point. When safety is ignored, accidents occur and sometimes Soldiers pay the ultimate price for something that resulted from a lapse in discipline.

That's correct. It boils down to good discipline. Safety equals discipline, discipline, discipline.

The importance of safety cannot be overstated. Safety is one of our two main functions as a Basic Combat Training Center of Excellence. Safety is of the utmost importance to any leader. Simply put, we must accomplish the mission and ensure the health and welfare of our Soldiers.

You cannot accomplish either of these basic tasks without the effective application of Composite Risk Management and Safety. It is especially critical here because we are a training operation.

By applying Composite Risk Management in all missions, operations and through Soldier, Family and leader engagement, we can pinpoint the hazards and control the risk so that the would-be next accident does not happen.

It is important to remember that Composite Risk Management, and self-discipline, applies to all activities, not just to training. One area of special concern to me is motorcycle safety. So far this year, the Army has lost 49 Soldiers to motorcycle accidents. Motorcycles alone accounted

for 33 percent of all accidental fatalities for the year.

We have done well. It has been more than two years since the last motorcycle fatality at Fort Jackson, but we cannot rest on our laurels. I charge leaders at all levels to know who within their formations own and operate motorcycles and ensure they are in compliance with all of our motorcycle safety requirements.

My Installation Safety Office stands ready to assist you at 751-6004. Look to this column in the future for more on motorcycle safety.

The Leader's Accident Risk Assessment of Subordinates and Accident Risk Assessment for Individuals can be used to help identify individuals who might be at risk for an accident. Both of these can be found on the USACRC Web site at <https://crc.army.mil>.

We all know the credo, Victory Starts Here. Well, safety starts here also. This is where we instill a solid foundation of good safety practices and discipline in our BCT Soldiers.

Mission First — People and Safety Always.

Ask the Garrison Commander

REFRAD; Charlie Daniels Band; MilitaryOneSource



Col. Dixon

Q I am a company grade officer. What are the rules for processing a voluntary release from active duty (REFRAD) because of personal reasons?

A If eligible under the criteria prescribed in Army Regulation 600-8-24 (Officer Transfers and Discharges), section II, paragraph 2-5, an officer may request REFRAD whenever such action

is considered appropriate.

Unless specified otherwise in this paragraph, application for REFRAD will be submitted no earlier than 12

months or no later than six months before the desired release date or beginning date of transition leave, whichever is the earliest.

The officer's immediate (or higher) commander or supervisor may waive the six-month requirement if the needs of the Army are met through a change in mission requirement or the assignment of a replacement officer.

Q Did I hear correctly that the Charlie Daniels Band is doing a concert on Fort Jackson?

A You heard right, the concert will take place 7 p.m., Friday at Hilton Field. Tickets are free to military ID card holders, including civilians.

Garrison Fact of the Week

MilitaryOneSource is a comprehensive online resource available to military personnel and family members.

The site provides help with questions about child care, personal finances, emotional support during deployments, relocation information, and offers other resources to family members. For more information, visit www.MilitaryOneSource.com.

Services are also available by calling 1-800-342-9647. For Spanish services, call 1-877-888-0727. For TTY/TDD services, call 1-800-346-9188.

To submit questions to "Ask the Garrison Commander," call 751-5442, or e-mail Scott.Nahrwold@conus.army.mil.

The Fort Jackson Leader

Fort Jackson, South Carolina 29207

This civilian enterprise newspaper, which has a circulation of 15,000, is an authorized publication for members of the U.S. Army. Contents of the Fort Jackson Leader are not necessarily the official views of, or endorsed by the U.S. Government, the Department of Defense, Department of the Army or Fort Jackson.

The appearance of advertising in this publication, including inserts and supplements, does not constitute endorsement by the Department of the Army or Camden Media Company of the firms, products or services advertised. All editorial content of the Fort Jackson Leader is pre-

pared, edited, provided and approved by the Public Affairs Office of Fort Jackson.

The Fort Jackson Leader is published by Camden Media Company a private firm in no way connected with the Department of the Army, under exclusive written contract with Fort Jackson. The civilian printer is responsible for commercial advertising.

For display advertising rates and information: call (803) 432-6157 or write Camden Media Company, P.O. Box 1137, Camden, S.C. 29020

For classified advertising information only: call (800) 698-3514 or e-mail skaress@ci-camden.com or fax (803) 432-7609.

To submit articles, story ideas or announcements for the community page, write the Fort Jackson Leader, Fort Jackson, S.C. 29207, call (803) 751-7045 or e-mail

fjleader@conus.army.mil.

Staff

Commanding General Brig. Gen. Bradley W. May
Public Affairs Officer Karen Soule
Command Information Officer Joseph Monchecourt
Editor Carrie David Ford
Staff writer Mike Glasch
Staff writer Crystal Lewis Brown
Contract writer Susanne Kappler
Contract writer Daniel Terrill
Web site www.fortjacksonleader.com

Post CSM to retire in Columbia area

Mike A. Glasch
Leader Staff

Fort Jackson's top NCO said he plans to stay in the Columbia area when he retires next week. In a Change of Responsibility ceremony, Command Sgt. Maj. Brian Carlson will turn over the duties of post command sergeant major to Command Sgt. Maj. Brian Stall, command sergeant major for the 2nd Infantry Division in Korea.

The Change of Responsibility ceremony will begin 9 a.m., Oct. 9 at Darby Field.

Carlson joined the Army in 1978 upon graduating from high school.

"I don't know what I would have done if I hadn't joined the Army," Carlson said. "I don't think I would have ended up seeking the same amount of responsibility that the Army offers anyone who is willing to accept it. That's one of the things the Army does — it matures you faster and quickly gets you to understand the role of personal accountability and then leader accountability."

During his 30-year career, the Illinois native's assignments have included the XVIII Airborne Corp NCO Academy, 82nd Airborne Corps, drill sergeant duty here and command sergeant major, 10th Infantry Division. He also deployed to Operations Desert Shield and Desert Storm, and served two tours in Operation Iraqi Freedom, before becoming Fort Jackson's post command sergeant major in May, 2006.

Carlson said his main goal when he returned to Fort Jackson was to change to an outcome based training of Soldiers.

"We have changed training in almost 180 degrees in terms of what we are focused on versus what was printed in a document," he said. "In the past, we were trying to measure ourselves against printed standards, versus common sense standards and applications. Fifteen to 20 years ago, privates were not expected to make a lot of decisions. Today they are in combat. The way we trained in the past did not allow us to put a Soldier in a position to make decisions."

Carlson admits there is a difference in the young Soldiers of today compared to when he put on the uniform. He said that while he thinks the young men and women joining today aren't as fit as earlier generations, they bring different assets to the Army his generation did not possess.

"While they might not be in the same physical condition, they are much brighter, they are more inquisitive," he said. "There is some value in people wanting to know why. If you understand why you can think through problems if you understand why you are doing it."

"Much of what we do in combat involves technology. This population is much more suited for that. I think they grasp it 10 times faster than my generation did. I think there are pros and cons, but when it is all said and done, they are out there serving their country, which tells me they have the values that we need."

Carlson added that he has great respect for the men and women joining the Army knowing that they will be going to war. He said he thinks their character is much better than many people give them credit for. As a final bit of advice, he urged Soldiers to always strive for excellence in everything they do.

"No matter how minimal the task may seem, strive to do it as best you are capable," he said. "That will serve you very, very well in the Army, as well as when you leave the Army."

Michael.A.Glasch@us.army.mil



CSM Carlson

Fort Jackson community celebrates Hispanic heritage

Daniel Terrill
Leader Staff

Fort Jackson will hold its 11th annual Hispanic Heritage Celebration at Patriot Park from noon to 6 p.m., Saturday.

Every year the celebration has a theme and this year it's "Getting Involved: Our Families, Our Community, Our Nation," said Master Sgt. Roger Garcia, an organizer for the event.

And guest speaker Dr. Hernan Padilla, former mayor of San Juan, Puerto Rico, and a retired colonel, will begin Fort Jackson's ceremony by addressing the topic.

Attendees will experience Spanish culture such as musical performances by The Latin Project Band, Levi — a Reggaeton performer — and DJ Orly; food from Hispanic restaurants and vendors; dance performances by salsa dancers Rodrigo and Wendy Jimenez and the Pierce Terrace Elementary School Folkloric Dancers; children's activities such as pinatas and dancing; and an after-party at Magraders Club and Pub with pool and domino tournaments.

Although Fort Jackson has hosted a Hispanic Her-

itage Celebration since 1997, Garcia said, it has been a national celebration since 1968.

That year President Lyndon Johnson set aside a week, starting Sept. 15, to recognize the contributions made by the Hispanic community, according to the U.S. Census Bureau's Web site. In 1988, the week-long celebration was stretched in to a month because the Hispanic population and culture grew significantly around the country.

And the popularity of Fort Jackson's celebration has grown too, Garcia said.

"Last year, we had 6,000 [attendees]; and the year before that we had 4,000 — it gets bigger every year," Garcia said.

"I challenge all Hispanic folks to bring non-Hispanic folks to the event," Garcia said.

The event is free and open to the public.

If you would like to hear more about the Hispanic Heritage Celebration, the after-party or Hispanic Heritage Month, Garcia and two other event planners will be guests on the Spanish radio show Ritmo 1170 AM at 11 a.m., Friday.

Daniel.Terrill@us.army.mil

GFEBS financial system goes live

GFEBS Press Release

The Army successfully implemented Release 1.2 of the General Fund Enterprise Business System at Fort Jackson Wednesday after two years of requirements development, system configuration, testing and training.

GFEBS is a Web-enabled Enterprise Resource Planning system, which will improve financial, asset and real property management across the Army.

"Commanders will ... be able to get a clear picture of what it really costs to perform a mission or provide a capability and will, therefore, make better use of resources," said Lt. Gen. Edgar E. Stanton III, military deputy for Army Budget and GFEBS executive sponsor. "It's not a system just for finance and accounting folks; it is a true operator's system."

GFEBS Release 1.2 affects 250 system end users from eight deployment sites including Fort Jackson; Installation Management Command Southeast Region, Fort McPherson, Ga.; and Defense Finance Accounting Service, Indianapolis, Ind.

The Washington, D.C. area offices of IMCOM HQ, Assistant Chief of Staff for Installation Management, Army Budget Office, Deputy Assistant Secretary of the Army (Cost and Economics) and Deputy Assistant Secretary of the Army (Financial Operations) were



Photo by Daniel Terrill

Jerry Weidner, garrison director of resource management, walks a crowd through the first GFEBS transaction at the Joe E. Mann Center Thursday during its grand opening.

also impacted by the Release 1.2 Go-live of GFEBS. To prepare for Go-live, every Release 1.2 end user was mapped to specific roles within GFEBS. On average, each end user received 90 hours of computer-based and instructor-led training.

Stanton also noted that "every piece of the Army will gain by having a solid, up-to-date financial system. We will be better able to articulate and to defend our budgetary needs both to the Office of the Secretary of Defense and to Congress. From an operations perspective, we will benefit significantly from system capabilities such as cost management, real property administration and planning."

In deploying Release 1.2, the

GFEBS project office has begun the major task of implementing the system throughout the Army. This release expanded upon the Real Property Inventory capabilities of Release 1.1. It integrates management of: general ledger, payment, receivables, funds, cost and reporting in one system in support of all installation management functions. The successful implementation of these business process changes has set the stage for global Army-wide deployment by 2011.

"Oct. 1 is an important date for the Army. We are providing a capability Congress demands and the Army needs," said Col. Simon Holzman, GFEBS project manager."

Around Post

SSI Change of Responsibility

The Soldier Support Institute will have a Change of Responsibility ceremony 10 a.m., today at the SSI auditorium. Command Sgt. Maj. Billy J. Blackmon will assume responsibility from Sgt. Maj. Andre Douglas, who is retiring.

Hispanic Heritage Celebration

The Hispanic Heritage Month celebration is set from noon to 6 p.m., Saturday at Patriot Park. For more information, call 751-8012.

Fire Station Open House

The Fire Station opens its doors to the public from 11 a.m. to 2 p.m., Saturday. There will be food, games, exhibits and prizes. For more information, call 751-1611.

Post CSM Change of Responsibility

The post command sergeant major will have a Change of Responsibility and Retirement Ceremony at 9 a.m., Oct. 9 at Darby Field. Command Sgt. Maj. Brian L. Carlson will relinquish responsibility to Command Sgt. Maj. Brian M. Stall.

Legal Education Program

The Office of the Judge Advocate General is accepting applications for the Army's Funded Legal Education Program. Selected officers will attend law school beginning Fall 2009. Officers interested in applying should register for the Law School Administration Test. For more information on the application process and eligibility criteria, call 751-7657.

Marion St. Station Construction

Marion Street Station will be under construction while a new roof is built. The construction will last until Oct. 25. There may be changes to the entrance and exit during construction.



At your service

hours and phone numbers for key post facilities

All South Federal Credit Union, 782-9830 — 9 a.m. to 5 p.m., Monday-Thursday; 9 a.m. to 6 p.m., Friday.
American Red Cross, 751-4329/5923 — 8 a.m. to 4:30 p.m., Monday-Friday
Andy's Fitness Center, 751-4177 — 5 a.m. to 9 p.m., Monday-Friday; 8 a.m. to 6 p.m., Saturday; 10 a.m. to 4 p.m., Sunday; call for opening time on training and federal holidays
Army Career Alumni Program, 751-4109/4104 — 7:30 a.m. to 4:15 p.m., Monday-Friday
Army Community Service, 751-5256 — 8 a.m. to 4:30 p.m., Monday-Friday
Army Continuing Education Services, 751-5341 — 7:30 a.m. to 4:30 p.m., Monday-Friday
Bowling, Century Lanes, 751-6138 — closed Monday, 11:30 a.m. to 10 p.m., Tuesday-Thursday; 11:30 a.m. to 11 p.m., Friday; 1 p.m. to midnight, Saturday; 2-10 p.m., Sunday; Ivy Lanes, 751-4759
Car Care Center, 782-1639 — 8 a.m. to 5 p.m., Monday-Friday
Chaplain Museum, 751-8827/8079 — 9 a.m. to 4 p.m., Monday-Friday.
Child and Youth Services, 751-4865 — 7:30 a.m. to 4:30 p.m., Monday, Wednesday and Friday; 7:30 a.m. to 6 p.m., Tuesday, Thursday
Civilian Personnel Advisory Center, 751-3219 — 8 a.m. to 4 p.m., Monday-Friday
Class VI, 782-1601 — 9 a.m. to 7 p.m., Monday-Friday; 9 a.m. to 8 p.m., Saturday; 10 a.m. to 7 p.m., Sunday
Coleman Gym, 751-5896 — 5:30 a.m. to 9 p.m., Monday-Friday; 6 a.m. to 2 p.m., weekends, training holidays and holidays except Christmas and New Year's Day
Commissary, 751-5789 — 11 a.m. to 6 p.m., Sunday; 9 a.m. to 8 p.m., Tuesday and Saturday; 10 a.m. to 8 p.m., Wednesday-Friday
Department of the Army Photos (TSC), 751-7593 — 8-11 a.m. and 1-3 p.m., Monday-Thursday
Defense Military Pay Office, 751-6669 (*Soldiers*), 751-4914 (*Civilian*) — 8-11:30 a.m. and 12:30-4 p.m., Monday-Friday
Dental Clinics, 751-5178/6017 — 7:15 a.m. to 4:15 p.m., Monday-Friday
Family Health Center, 751-2273 — 7:20 a.m. to 8 p.m., Monday-Friday; 8 a.m. to 4 p.m., training holidays
Florist, 738-1812 — 9 a.m. to 5:30 p.m., Monday-Friday
Furniture Store, 787-9175 — 9 a.m. to 6 p.m., Monday-Friday; 10 a.m. to 5 p.m., Saturday; 11 a.m. to 5 p.m., Sunday
Hospital Retail Annex, 782-1263 — 7 a.m. to 4 p.m., Monday-Friday
ID Section, 751-7731 — 8 a.m. to 4 p.m., Monday-Friday
Legal Assistance and Claims, 751-4287/3603 — 9 a.m. to 4

p.m., Monday-Friday
LCI-SSSC, 790-5306 — 8 a.m. to 4 p.m., Monday-Friday
Main Outpatient Pharmacy, 751-2259 — 7:30 a.m. to 5 p.m., Monday-Friday
Military Clothing Sales Store, 787-5248 — 9 a.m. to 6 p.m., Monday-Friday; 10 a.m. to 5 p.m., Saturday; 11 a.m. to 5 p.m., Sunday
NCO Club, 782-2218 — Regular hours are 7 a.m. to 3:30 p.m., Monday-Friday and 8 p.m. to 2 a.m., Saturday. The NCO Club is open later for entertainment and special events; call for details and times
Officers' Club, 751-4906 — 8:30 a.m. to 4:30 p.m., Monday-Friday (open to nonmembers); 11 a.m. to 2 p.m., Sunday brunch (members)
Palmetto Falls Water Park, 751-3381 — closed Monday; 11 a.m. to 7 p.m., Tuesday-Saturday; 1-7 p.m., Sunday
Perez Fitness Center, 751-6258 — 5:30 a.m. to 9 p.m., Monday-Friday; 10 a.m. to 6 p.m., weekends and training holidays
Pools, Knight, 751-4796 — 6 a.m. to 2 p.m. Monday-Friday; closed Saturday and Sunday; Legion — noon to 7 p.m., Monday-Friday; closed Saturday and Sunday
Post Exchange, 787-1950/1951/1952 — 9 a.m. to 9 p.m., Monday-Saturday; 10 a.m. to 7 p.m., Sunday
Post Office, 782-8709 — 8:30 a.m. to 5 p.m., Monday-Friday
Recycling Center, 751-4208 — 7 a.m. to 3 p.m., Monday-Friday; Open 24 hours for drop-off
Refill Annex (PX mall), 751-2250 — 9 a.m. to 6 p.m., Monday-Friday
Reuse Center, 751-5121 — 10 a.m. to 2 p.m., Monday-Friday
Safety Office, 751-6004 — 7:30 a.m. to 4:30 p.m., Monday-Friday
Shoppettes — Lee Road, 782-0590 — 7 a.m. to 8 p.m., Monday-Friday; 8 a.m. to 8 p.m., Saturday and Sunday; Gate 1, 782-2076 — 7 a.m. to 9 p.m., Monday-Friday; 8 a.m. to 9 p.m., Saturday and Sunday; Gate 2, 790-4478 — 24 hours a day
SSI Retail Annex, 738-9189 — 8 a.m. to 2:30 p.m., Monday-Friday
Theater, 751-7488 — various times, Friday-Sunday
Thrift Shop, 787-2153 — 9 a.m. to 2:30 p.m., Tuesday; 9 a.m. to 5:30 p.m., Thursday; 9 a.m. to 2:30 p.m., first Saturday of the month
Vanguard Gym, 751-4384
Vehicle Registration, 751-5887 — 8 a.m. to 4 p.m., Monday-Friday
Veterinary Clinic, 751-7160 — 8 a.m. to 4 p.m., Monday-Friday

Anything we missed? E-mail us at fjleader@conus.army.mil. This information will be published the first issue of each month in *The Fort Jackson Leader*.

Fire (continued from Page 1)

the family to make sure they were aware of the WTU services."

All of the next of kin have been notified. Moncrief Army Community Hospital officials have not released the exact nature of the Mitchells' injuries because of privacy concerns.

Officials did say, however, both Gregrey and Casey Mitchell have been under sedation and are unconscious. As of press time

Wednesday, their conditions were listed as critical but stable.

The decorated non-commissioned officer has been part of the WTU since July. He was a drill sergeant with Company D, 3rd Battalion 60th Infantry Regiment before joining the WTU. The Tennessee native is an Operation Iraqi Freedom veteran and earned a Purple Heart during his time in service.

The MACH chaplain's office has set up a fund for those interested in helping the Mitchell family. Checks should be made payable to Shandon United Methodist Church. In the memorandum line, please write #800013 — Mitchell family. Checks should be mailed to Shandon United Methodist Church, 3407 Devine St., Columbia, SC 29205.

Crystal.Y.Brown@us.army.mil

Don't play with money

Angela Williams

Financial Readiness Specialist

Children learn from what they are taught. If you want them to handle their money in a responsible way, you have to start doing just that in your household.

— Set up a regular payday for them. Decide how often you will be paying your children (weekly, bi-weekly or monthly).

— Decide what will and will not be covered by the allowance, and put it in writing. All interested parties should read and sign an allowance agreement. Even 5-year-olds should sign or print their names.

— Don't pay for regular chores. Kids should do chores because they are members of the household, not employees who ought to be paid for their work. You can pay for extras the children might do, such as washing your car or mowing the lawn.

— Require that a certain percentage of the allowance (at least 10 percent) be saved. To encourage your children to save, you may want to match every dollar they save with the understanding that the match can only be used for long-term saving goals.

— Follow the money. I believe that, as parents, we still should have some say in how the allowance is spent.

— Assist them in making a spending plan. Again, if you say you are giving them an allowance, show them how to manage their money, and then show them how to create a budget. Even small children can do this.

— Keep the issue of allowance and punishment separate, especially if the misbehavior has nothing to do with money.

— Have regular allowance reviews. This will allow you to adjust up or down the allowance you have set.

If you decide to give your children an allowance, make it mean something. The primary reason to give an allowance is to teach your child how to handle money.

For more tips on how to help your children learn more on money, visit this Kid Friendly Web site: www.allowancemagic.com/kidtool.htm.

Editor's Note: Information for this article was taken from the book, "Spend Well, Live Rich." For additional information about Money Saving tips for Kids, call ACS Financial Readiness Program at 751-5256.

'Fitness Meets Nature' does Table Rock

Pamela Greene

Fitness Programmer

Everywhere you look these days, people are trying to find ways to make their exercise more exciting. You would think saving your life, lowering cholesterol readings or being taken off medications related to lack of physical activity would be enough — but for most of us, it is not.

To spice up a dull fitness routine, "Fitness Meets Nature" has planned a hike to Table Rock in Greenville, S.C. This is a difficult but rewarding day hike that promises to deliver a spectacular view.

Other hikes included during the weekend getaway are Carrick Creek Trail, which is the home of several small but gorgeous waterfalls, and a portion of the Pinnacle Mountain Trail.

"Fitness Meets Nature" is Family,

Morale, Welfare and Recreation Fitness Department's program to take the participant out of his or her normal environment to experience getting healthy on a whole new level.

If exercise is not exciting, then we have no real desire to do it. This makes the job of the gym director a challenging one all the time. If the member is not totally captivated with the variety being presented, then the gym director feels he or she has missed the mark.

Technology has now taken root in fitness; an average trip on the treadmill or to an aerobics class just will not cut it all the time. People want more physical stimulation for their membership dollars.

People are riding bikes, gardening, walking their pets — just name it. "Fitness Meets Nature" organizes these adventures

down to the smallest details. A complete checklist of what to wear and bring ensures these adventures are pleasurable.

Group meetings are scheduled before each event to give participants another opportunity to get questions answered. A replica layout of equipment is kept on display to help make sure everything that will be needed is packed.

The Fitness Department is committed to bringing you more — four adventures are planned annually, from triathlons, to kayaking, whitewater rafting (coming), to away camping and day hikes.

For more information on this adventure; brochures (complete with registration forms) can be picked up at any gym on post or downloaded at www.fortjacksonmwr.com. For more information, call 751-5768 or e-mail Pamela.Greene1@us.army.mil.

81st RSC 'Wildcats' move to Fort Jackson

Sgt. 1st Class Mark Bell

81st Regional Support Command

BIRMINGHAM, Ala., — During a small casing ceremony Sept. 21, Maj. Gen. Charles Gorton lowered the "Wildcat" colors for the last time at the 81st Regional Readiness Command.

As the Army's oldest patch slowly disappeared into the blue fabric, Command Sgt. Maj. Roxanne Castille, the senior enlisted Soldier assigned to the command, ensured the colors were encased with care and to signify another chapter closed in the Wildcat history book.

As Castille passed the colors to a Soldier dressed in an authentic World War II uniform, the Wildcat began the 270-mile journey to Fort Jackson as the 81st Regional Support Command, where Gorton is assigned as the commander.

Soldiers adopted the name "Wildcat" Division, from Wildcat Creek, which flowed through Camp Jackson. The commander, Maj. Gen. Charles Bailey, instructed the 81st Division to create and field the "first unit patch of the Army" in 1918.

"From their early beginnings as doughboys, to operations Iraqi Freedom and Enduring Freedom — 'Wildcats' have always led the way by providing mobility, counter-mobility, survivability and combat service support," Gorton told the small crowd, which included past commanders and senior enlisted Soldiers.

Gorton said the credo of "Wildcats Never Quit" defines the spirit and agility of the 81st Regional Readiness Command. He said Wildcat Soldiers are the heroes that keep people optimistic about new command's future.

"In casing the 81st RRC colors for the final time, many of us have experienced a moment of nostalgia and reflection, but this is not a moment for sadness," Gorton said. "Rather than mourning the end of an era, this moment is, to the contrary, a moment for celebration."

Gorton reminded the Soldiers that the Army transformation has a significant impact on all Reservists.

"The 81st RSC is a new structure, designed to meet new challenges, but we are committed to holding the legacy of the entire command close to our hearts," he said. "The important thing to remember is the rich history of the 81st RRC will not be lost."

He said the Army has always needed superior Soldiers during times of war as well as peace.



Photo by Sgt. 1st Class Mark Bell

Command Sgt. Maj. Roxanne Castille, 81st Regional Readiness Command, prepares to pass the "Wildcat" colors to Maj. Gen. Charles Gorton (not shown) during a casing ceremony Sept. 21 in Birmingham, Ala.

"Reorganization will take the 81st Regional Readiness Command out of the formation, but there will always be a place for Wildcats in the new formation known as the 81st Regional Support Command," Gorton said.

NEWS

Fire Department festival makes fire safety fun

Fire Department Staff Report

The Fort Jackson Fire Department Fire Prevention Kick Off Carnival is set from 11 a.m. to 2 p.m., Saturday. This year's theme is "Prevent Home Fires."

"This is our biggest community outreach and public education program of the year. The Fire Prevention Office starts planning six months before in order to make this event very special for the kids and parents," said Aniello "Gino" Sita, fire protection inspector, Directorate of Emergency Services, Fort Jackson Fire Department. "This event is something that they'll remember for the rest of their lives. I was burned in a fire when I was 11 and learning stop, drop and roll at an event like this saved my life."

The Fire Department held its first Fire Prevention Week event in 2007. This year the department expects up to 500 children and parents to participate.

"This year's event has grown by leaps and bounds with the help of Family and Morale, Welfare and Recreation and Balfour Beatty," Sita said.

FMWR is supplying the rock wall, slide and other logistical support. Child, Youth and School Services, who participated last year, will provide face painting and the bounce house.

The fire department and Balfour Beatty will pass out fliers and "Breakfast on the Go" at each of the on-post schools to generate interest and excitement for this year's event. Balfour Beatty is also providing food for the event and has donated a bicycle to be given away at the event.

Activities planned for the festival include fire station tours, fire truck tours, bedroom escape trainer, smoke detector testing, House Fire! — a firefighting game, fire safety information, Sparky the Fire Dog, Boots the Firefighter Clown creating balloon animals, and a fire safety house provided by the Columbia Fire Department.

The Fire Department has given a homework assignment to all school-age children and those children who take their assignment to the event will receive a T-shirt.

Fire Safety Week is a time in the year for individuals

and families to look at fire safety. Fire Prevention Week was established to commemorate the Great Chicago Fire, the tragic 1871 inferno that killed more than 250 people, left 100,000 homeless, destroyed more than 17,400 structures and burned more than 2,000 acres.

"Fire Prevention Week is the premier activity we are involved in throughout the year. It allows our firefighters an excellent opportunity to provide in-depth fire safety training to the community, especially school-age children," said Fire Chief Bill Forrester, DES, FJFD. "This year's fire-house carnival and open house is expected to be a huge success, thanks in part to the many different organizations around post who have enthusiastically agreed to partner with us to ensure the vital message of fire safety is provided to the entire community. The fire station doors are always open for assistance or just a visit, and remember this year's theme, 'Prevent Home Fires.'"

For more information on the event or Fire Prevention Week, call 751-1610.

There's nothing funny about discrimination

Crystal Lewis Brown
Leader Staff

Approximately 50 supervisors and managers, representing a wide array of Fort Jackson's military and civilian organizations, watched for almost 10 minutes as comedian Bill Cosby derided an array of America's ethnic and age groups.

Blacks, Jews, Hispanics and Italians were among the many targets of Cosby's wrath, as he invoked several racial stereotypes. Though his over-the-top statements prompted some uncomfortable laughter, the majority of them were met with uneasy silence.

Unlike most of Cosby's performances, the videotaped segment wasn't meant to entertain the audience. It was meant to educate them.

The video was a segment of a 4.5-hour training session sponsored by Fort Jackson's Equal Employment Opportunity office designed to help new supervisors better understand the EEO program.

Mike Good, director of the Fort Jackson EEO program, said his hope for Monday's training was to explain the program and prevent workplace conflict caused by discrimination and perceived discrimination.

He said he wanted the group "to go back and be able to achieve and maintain a harmonious, diverse and discrimination-free work environment." He added, "We're trying to give them some tools to take back."

Good likened the mission of the EEO to the role of a fire department. The department handles fires, but also offers preventive measures to keep fires from happening in the first place. Training such as this one, he said, will help supervisors be proactive in preventing discrimination, and give them signs to recognize it when it happens.

"We like to be there and not needed," he said. "But EEO fires do break out." By quickly and productively extinguishing the problem, managers can prevent even more issues from cropping up.

"When you have problems in the workplace, it eats at other employees like a cancer," he said.

The training included five different segments — EEO 101, causes of discrimination, workplace conflicts, effective communication and how to keep the workplace discrimination free. The format was interactive, with attendees asking questions and interjecting opinions regarding how and why discrimination occurs and how to prevent it.

The Cosby performance, which was presented by 193rd Infantry Brigade EEO adviser Sgt. 1st Class Timothy Gladders, was just one of many discussion points used to make attendees identify discrimination and confront it head on.

"Can you imagine if (as a supervisor) you felt that way and didn't mask it?" Gladders asked the audience. "How would your employees feel about you?"

For more information about the EEO program, call 751-7248.

Crystal.Y.Brown@us.army.mil

187th Grizzly Games



Courtesy Photo

3rd Platoon, B Company, 187th Ordnance Battalion Soldiers rejoice after winning the battalion's Grizzly Game competition, which took place Sept. 20.

BCT (continued from Page 1)

During a memorial service at Bayonet Chapel on Tuesday, Brooks' company commander encouraged those gathered to pay their respects to celebrate Brooks' life rather than mourn her death.

"Pvt. Brooks was a wife; Pvt. Brooks was a mother; Pvt. Brooks was a daughter; Pvt. Brooks was a sister; Pvt. Brooks was a friend; and Pvt. Brooks was a warrior in the United States Army," said Capt. Kyle Stevens, company commander. "Remember her for those great things."

Brooks' battle buddy, Pvt. Lashonta Ware, provided a Soldier tribute during the service. She reminisced about how she and Brooks became more than buddies, they became like family.

"We were not only battle buddies, but family; a family that developed in a short period of time. Pvt. Brooks was the one who started calling me, 'Mama' and I teasingly called her my, 'Daughter,'" Ware said. "She would keep me going and I would do the same, never letting the other fall down or fail. I remember her telling me, 'We've come too far to quit now.' She didn't want to come this far and not make it to the end."

The 19-year-old Houston, Texas, native was scheduled to graduate Oct. 30. She is survived by her husband, son and daughter.

Michael.A.Glasch@us.army.mil

FEATURE

Mission: Making everyone on Fort Jackson cool

Susanne Kappler
Leader Staff

The temperature outside is 102 degrees, the humidity level is close to 100 percent and the office air conditioning unit does not work. This fictitious scenario will not happen on Fort Jackson — not if Samuel Hobbs has his way.

Hobbs is an A/C maintenance specialist with the Directorate of Public Works who takes his chilling mission personal.

"I'm very proud. I love what I'm doing. I love pleasing Soldiers. And I like chilling everybody out, getting it cold," Hobbs said.

Hobbs' dedication and customer-oriented service has earned him numerous awards and the respect of his supervisor.

"He's a dedicated employee," said Wayne Catoe, electronics industrial control supervisor with DPW. "He does a lot of things beyond what he should do to make sure the troops have heat and air. He does our preventive maintenance, and if we don't do PM, we have a lot of breakdown maintenance."

The 60-year-old Hobbs has been working in the A/C field for 36 years. The former sailor started his civilian career at Charleston Naval Shipyard and has been keeping Fort Jackson cool since 1995.

The transition from the Navy to the Army came easy to Hobbs.

"I'm just happy to be here," he said. "Instead of the Navy, I wish I had joined the Army. I really appreciate being part of the Army team. I really do."

Hobbs still lives in Charleston and makes the trip up the interstate to Fort Jackson every day as a member of a car pool.

On his way to work March 10, 2007, he suffered a stroke, which forced him to spend seven months away from work. He also survived two heart attacks, but dismisses the idea of retirement.

"Everybody's asking when I'm going to retire. No, I'll



Photo by Susanne Kappler

Samuel Hobbs adjusts the grill of an air conditioning unit in the 193rd Infantry Brigade conference room. Hobbs has been working on Fort Jackson since 1995 and commutes daily from Charleston to Columbia and back.

be here when the gates close," he said.

That seems to be just fine with his customers. Hobbs recently spent several weeks working on the A/C system at the 193rd Infantry Brigade headquarters building.

"Mr. Hobbs is independently responsible for repair and maintenance of all the heating and A/C equipment at the brigade headquarters," said Sgt. 1st Class Tommy Williams, the brigade's S-4 noncommissioned officer in

charge. "He just takes a lot of pride in his work. It's just not something you see every day."

Hobbs summed up the reason for his success in one sentence.

"The main things are listening to your supervisor, being humble, paying attention to detail and doing it right the first time," he said.

Susanne.Kappler1@us.army.mil

Customer Service Corner

Customers who live, work or do business on Fort Jackson will have an opportunity to provide detailed feedback about all of the post's services. The annual Customer Assessments are one of two new programs which fall under Customer Management Services, which is the Installation Management Command's new program for collecting customer feedback and using the data to evaluate and improve delivery of installation programs and services.

Most Army installations will see the multi-page, Web-based assessment for the first time when it opens Oct. 21. Some installations, such as Fort Jackson; Fort Eustis, Va.; and Forts Richardson and Wainwright, Alaska, participated in the demonstration phase of the program in 2007, where more than 1,500 customers completed the survey.

The customers — Soldiers, family members, retirees, veterans and civilian employees — provided information about the importance of programs and services, as well as a rating as to how well the installation is providing them.

The assessment is divided into two main categories, corporate and constituent, which are accessed from the same

Web link, which will be published within the next few weeks. When a customer begins the survey, he or she will be asked to provide demographic data that will automatically direct him or her to the appropriate corporate or constituent assessment. Family members or retirees, for example, will not be asked to rate services like the Central Issue Facility or the Ammunition Supply Point — two services used by Soldiers and their commanders.

Within the survey, customers will be asked to rate service performance on a scale of one (very poor) to five (excellent), and importance, also on a scale of one to five. And any ratings of one or two must have an explanation describing any issues.

Data provided by unit commanders, command sergeants major, first sergeants, senior civilians and senior staff will be captured in the corporate portion. They will rate the performance of the services and the importance of the service in relation to the accomplishment of their units' missions.

"This is a brilliant feedback service for Soldiers and their families across all installations," said Angelo Walker, the

IMCOM Southeast Region CMS coordinator.

As soon as the Web link is published, expect to see a strong information push from multiple fronts. The more customers in each category who take the 20-30 minutes to complete the assessment, the more accurate and substantial the data collected. This will provide a baseline for future annual assessments.

The data will be returned to the installation in November, where it will be used to identify and document best practices in areas and develop plans for improvement in others.

For more information about the October Customer Service Assessments, call 751-4926.

ICE Appreciation

The garrison congratulates the Directorate of Family, Morale, Welfare and Recreation, specifically Palmetto Lodge (Lodging); and the Directorate of Logistics, specifically the Ammunition Supply Point. They have achieved a 4.85 and a 4.55 rating, respectively, in employee/staff attitude out of a possible 5.0 for a 12-week period.

*A tip of the campaign hat
to this week's ...*

Drill Sergeants of the Cycle

From the "AAA-O" Battalion



**Staff Sgt.
Matthew Randall**
Company C,
2nd Battalion,
39th Infantry
Regiment



**Staff Sgt.
Aubrey Wright**
Company D,
2nd Battalion,
39th Infantry
Regiment



**Staff Sgt.
Jeffrey Hilby**
Company E,
2nd Battalion,
39th Infantry
Regiment

**Spotting a
motorcycle
on the
road can
be just
as hard
as finding
one in
this picture.**

Keep an eye out
for motorcycles.



Ask the DENTAC Commander

What is the DENTAC; what is the DENTAC’s mission?



Col. Cuenin

This monthly series of articles appearing in *The Leader* will answer Soldier/patient questions regarding the Fort Jackson Dental Activity and dental benefits.

Q What is the DENTAC?

A DENTAC is the acronym for Dental Activity, just as MEDDAC is the acronym for Medical Activity. Following the Vietnam War, changes to Army Regulation 40-1, Composition, Mission, and Functions of the Army Medical Department, and AR 40-4, Army Medical Department Facilities/Activities, directed worldwide adoption of the major elements of the Installation Dental Service Management Program initiated in February 1976.

This followed health-care studies that indicated a more than 65 percent increase in productivity and dramatic improvements in dental officer retention rates under the program.

The regulation established the Dental Activity concept: all dental units were to be commanded by a dental officer, funds for dental operations would be “fenced,” and enlisted personnel in these units would be under the control of dental officers.

The installation dental commander would be responsible directly to the post commander rather than through the post medical commander. The newly formed DENTAC partnered with the co-located health-care activity (MEDDAC), for logistical support under MEDCOM Regulation 10-1. In 1978, this concept was set out in public law. The Fort Jackson DENTAC was formed under the Command of Col. William “Billy” Lefler, who would later become the chief of the United States Army Dental Corps from 1986 to 1990.

Today, the United States Army DENTAC, Fort Jackson, maintains command and control of the Army dental treatment facilities on post, as well as operational control of out-sourced (referred) civilian dental care for Soldiers.

The unit crest is maroon and white (silver) which are the colors traditionally associated with the Medical Department. The red Greek cross is a symbol of health and healing and typifies the unit’s mission and motto of “Prevent and Restore.” The palmetto trees denote the unit’s location in South Carolina, “The Palmetto State.” There are 30 U.S. Army DENTACs worldwide, each with a co-located health care partner MEDDAC.

The DENTAC is here to ensure dental readiness, promote dental health and provide dental care for America’s Army at Fort Jackson. Future articles will review policies and procedures that ensure Soldiers and their families receive the world-class dental care commensurate with the society each has pledged to defend.

‘Spirit of America’ presents Charlie Daniels concert

Theresa O’Hagan

Family, Morale, Welfare and Recreation

Country Music legend Charlie Daniels and his band will stage a free concert for Soldiers, DoD employees, Reservists, National Guardsmen and family members 7 p.m. Friday at Hilton Field.

The Spirit of America Tour brings more than 20 free concerts to the military every year.

According to *Variety Magazine* writer, Adam Sandler, the 9/11 attacks changed how Robert Rosenthal, a well-known entertainment attorney, would spend his retirement.

“Motivated into action by the tragedy, Rosenthal discovered that although organizations like the USO and Stars for Stripes were bringing talent to the Soldiers stationed overseas, nobody was bringing headliner entertainers to stateside military bases. Rosenthal created a plan for the Spirit of America Tour and approached the Pentagon, where military leaders

agreed to a five-base test run. Marty Stuart performed the first show in 2002 at MCAS New River in North Carolina for 3,000 military members and families,” Sandler wrote.

The artists donate their time, and Rosenthal uses his own money to cover production costs.

“This is one of the most satisfying things I have ever done in my life,” Rosenthal said.

Daniels’ career spans decades and musical genres. He graduated high school in 1955 and quickly joined the rock ‘n’ roll revolution led by Elvis Presley.

According to his biography, already skilled on guitar, fiddle and mandolin, Daniels formed a rock ‘n’ roll band and hit the road.

While traveling to California in 1959,

the group paused in Texas to record “Jaguar,” an instrumental, which was picked up for national distribution by Epic.

In 1969, Daniels moved to middle Tennessee to find work as a session guitarist in Nashville.

Daniels played guitar on albums for Bob Dylan, Al Cooper and Marty Robbins, produced two albums for the Youngbloods, and toured Europe.

In 1973, Daniels had a hit of his own, “Uneasy Rider.” His rebel anthems “Long Haired Country Boy” and “The South’s Gonna Do It” propelled his 1975 collection “Fire on the Mountain” to double-platinum status.

He signed with Epic Records in 1976. In 1979, his hit “The Devil Went Down to

Georgia,” became a platinum single, topped both country and pop charts, won a Grammy Award, became an international phenomenon, and earned three Country Music Association trophies. It became a cornerstone of the Urban Cowboy movie soundtrack and propelled Daniels’ “Million Mile Reflections” album to triple-platinum sales levels.

“I used to say, I’m not an outlaw; I’m an outcast,” Daniels wrote on his Web site. “When it gets right down to the nitty gritty, I’ve just tried to be who I am. I’ve never followed trends or fads. I couldn’t, even if I tried. I can’t be them; I can’t be anybody but me.”

Daniels was inducted into the Grand Ole Opry Jan. 19.

“It is an honor that I can’t begin to articulate, there is no way I can express what it means to me,” he said. “I pursued my dream in music and by the goodness of God have been able to have a wonderful career, which has spanned 50 years.”



Today

Southern Style Lunch Buffet, from 11 a.m. to 2 p.m. at the Officers’ Club. The buffet is open to the public.

Visit **Century Lanes** for food, fun and bowling.

Magraders Pub is open for lunch for family members from noon to 4 p.m., Thursdays.

The **Celebrate Freedom Golf Tournament** will be at 11:30 a.m. at the Fort Jackson Golf Club.

Friday

Play **Victory Bingo** and win prizes up to \$15,000. There are guaranteed \$50 payouts.

Artistic Expression with Jake begins 6:30 p.m. at the Youth Center Teen Room.

Dance to a variety of music provided by DJ Randall at **Magraders Club** from 9 p.m. to 3 a.m. The club is located in the back of Magraders Pub, and the cover charge is \$3 for military and \$5 for civilians.

Visit Magraders Pub and the NCO Club for **HOOAH Happy Hour** every Friday, 5-7 p.m.

It’s **Membership Appreciation Day** at the Fort Jackson Golf Club.

Saturday

Step Team practice begins 2 p.m. at the Youth Center Dance Room.

The NCO Club presents **Classic Soul Saturday** from 9:30 p.m. to 2 a.m. in the Excalibur Room. The cover charge is \$3 for military and \$5 for civilians. Live broadcasts from the BIG DM 101.3 with giveaways will be held 9:30-11 p.m.

Take a **trip to the Cherokee Casino**, 7 a.m. from

Marion Street Station. Cost for transportation is \$10.

Sunday

Come to **brunch** from 11 a.m. to 2 p.m. at the Officers’ Club.

Enjoy **Family Day at the Youth Center**, 2-6 p.m.

Watch Space Chimps at the MG Robert B. Solomon Center for free at 4 p.m. Receive a free box of popcorn to take home.

Monday

The **NCO Club** presents a **full lunch buffet**, featuring fried chicken or fish, fresh vegetables, a full salad bar, soup, assorted desserts and a beverage from 11 a.m. to 1:15 p.m. for \$7.

The **Active Duty Tennis Tournament** begins today and will run through Oct. 24.

Tuesday

Movie Night begins 6 p.m. at the Youth Center in the Teen Room.

Enjoy **free movies** every Tuesday at Magraders Pub.

The **South Carolina Senior Women’s Association Golf Tournament** will begin 10 a.m. at the Fort Jackson Golf Club.

Wednesday

Be a sensation with **Karaoke with Tom Marable** at **Magraders Club** at 7:30 p.m. Cover charge is \$3 for military and \$5 for civilians.

Ongoing Offers

• The **NCO Club lunch buffet** is served from 11 a.m. to 1:15 p.m., daily. The cost is \$7 for adults and \$3.75 for children.

• The **NCO Club breakfast** is served 6-9 a.m., Monday through Friday. The cost is \$7 for adults and \$3.75

for children 4-10 years old.

• The **Officers’ Club specializes in catering** wedding receptions, anniversaries, promotions and other special occasions.

• The **NCO Club caters** to all your needs: dining in, dining out, promotions, breakfasts, meetings, birthdays, weddings, graduation, retirements and other special occasions.

• **Victory Travel** has special offers for a variety of dinner shows and attractions. Currently offered are discounted tickets to Carowinds, \$28 per ticket, and Six Flags, \$27 per ticket, for the 2008 season. Some offers require reservations. For more information, visit Victory Travel in the MG Robert B. Solomon Center.

• **Child, Youth and School Services** provides child care and youth programming on Saturdays at no cost for active duty parents who must work to meet mission requirements and for National Guard and Reserve Soldiers during Battle Training Assembly. Care is offered from 5 a.m. to 6 p.m. at multiple locations.

For more information about:

— Registration, call 751-4865.

— Six weeks-kindergarten, call 751-6221/6230.

— Grades 1-5, call 751-1136/6387.

— Grades 6-12, call 751-3977/6387.

— Child Development Home serving children between 6 weeks and 12 years old, call 751-7169/7170.

• Enjoy resort accommodations for two to six people for less than one would pay for most hotels with the **Armed Forces Vacation Club**. For details of resort availability, call the reservation center at (800) 724-9988. Be sure to say you are a first-time Armed Forces vacation caller. A vacation counselor will take your enrollment and help you find an available resort. Fort Jackson is Installation No.164.

• Play **Victory Bingo** every Tuesday 6:30-10:30 p.m. and win up to \$25,000 in prizes.

HEALTH

Well Women’s health clinic opens

Nichole Riley
*Moncrief Army Community Hospital
Public Affairs Officer*

In April, the Department of Defense mandated a policy change that all new Soldiers arriving at their first duty station should be fully medically deployable.

Many new female Soldiers are arriving at their first duty stations medically non-deployable because of not having a Pap smear within the past year. At the moment, annual Pap screening is not a requirement for initial entry into the armed services.

To meet this new requirement, Moncrief Army Community Hospital has initiated a new Well Women’s

health clinic initiative for all female Soldiers attending Fort Jackson for Advanced Individual Training.

The clinic opened Aug. 19 and more than 400 female AIT Soldiers have been screened since the Women’s Health initiative began. Larger numbers are expected next week as more of the AIT commanders hear about this health screening program.

Individual AIT units are strongly encouraged to call the Women’s Health Clinic to coordinate specific times and dates for the female Soldiers within their units.

All encounters will include at a minimum: Pap smear, breast exami-

nation, reproductive and birth control counseling, chlamydia testing for women age 25 and younger, testing for STDs if clinically indicated.

Because of limited personnel and space restrictions, the Women’s Health Clinic can only see roughly 30 patients a day. In the near future, the number of available appointment slots is expected to increase.

The Women’s Health Initiative clinic will be located at the Family Health Clinic in the main hospital on the ground floor. The clinic will be open daily from 5-9:30 p.m. with weekend hours becoming available soon. For more information, call 751-6549/6383/2262.

News at MACH

Moncrief Army Community Hospital is undergoing major construction. The TRICARE Service Center has moved to the 12th floor. Offices for the Exceptional Family Member Program and Educational and Developmental Intervention Services have moved to the 12th floor.

The new Warriors in Transition Unit and Soldier and Family Assistance Center buildings are expected to be completed soon.

Troop Medical Clinic and the dining facility will undergo construction in the coming months. Waiting times have steadily decreased at the pharmacy with the streamlining of mandatory call-in refills and more convenient hours for patrons. The new pharmacy being built on the ground floor will be open in early November. For more information, call 751-2291.

New number for cancelling appointments

A new phone number allows MACH patients to cancel appointments after hours. For after-hours cancellations, call 751-2904.

During duty hours, from 7:30 a.m. to 4 p.m., call 751-CARE (3723) to cancel an appointment.

Adult Preventive Health Services

Recommended tests for adults

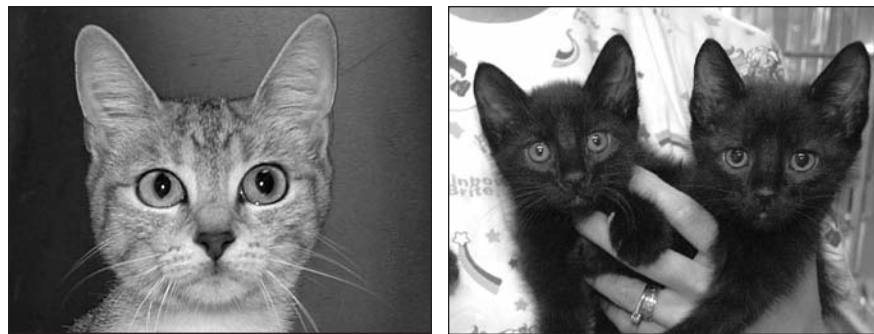
Test	Age	Frequency
Blood Pressure (<i>Hypertension</i>)	18 and older	Every office visit or yearly
Cholesterol (<i>Hyperlipidemia</i>)	35 and older	Every five years if levels are normal
Mammogram (<i>Breast cancer</i>)	40 and older (<i>women</i>)	Every year
Pap Smear (<i>Cervical cancer</i>)	21 and older <i>earlier if sexually active</i>	Every one to three years
Chlamydia (<i>Chllamydial infection</i>)	25 or younger (<i>women, if sexually active</i>)	Yearly until age 26
Colonoscopy (<i>Colon cancer</i>)	50 and older	Every five to 10 years if normal
Stool Occult Blood (<i>Colon cancer</i>)	50 and older	Every year
Bone Mineral Density (<i>Osteoporosis</i>)	65 and older (<i>women</i>)	Periodically

Health Talks

To have a professional staff member from MEDDAC address a group on health care subjects or preventive medicine, call the health promotion coordinator at 751-5035 or the Department of Quality Management at 751-2501.

COMMUNITY HIGHLIGHTS

Loveable cats looking for a home



Photos by Ashley Henry

These cats are at the Fort Jackson Veterinary Clinic, and they all need a home. From left: 1-year-old silver female cat, 11-week-old black kittens. For information on these or other pets for adoption, call the Veterinary Clinic at 751-7160.

This Week

AER Commander's Referral Training

AER Commander's Referral Training is planned for 9-10:30 a.m., today at the Education Center, Room B-302. For more information and to register, call 751-5256/6325.

Parents Who Care (Early Childhood)

A Parents Who Care (early childhood) meeting will take place from 10 a.m. to noon, today at the Joe E. Mann Center conference room.

For more information and to register, call 751-5256/6325.

Car Wash

A car wash is scheduled from 8 a.m. to 1 p.m., Friday at Hagen Dental Clinic. For more information, call (864) 420-7132.

Managing Emotions Under Stress

A seminar on how to manage emotions under stress takes place from 10 a.m. to 4 p.m., Tuesday at 5616 Hood St., Room 10. For more information and to register, call 751-5256/6325.

Breastfeeding Support Group

The Breastfeeding Support Group meets from 10 a.m. to noon, Tuesday at the Joe E. Mann Center conference room. For more information and to register, call 751-5256/6325.

Credit Reports Class

A Credit Reports Class is offered 8:30-10:30 a.m., Tuesday at the Education Center, Room B-302. For more information and to register, call 751-5256/6325.

Spouses' Club Luncheon

The Fort Jackson Spouses' Club will meet for a luncheon from 11 a.m. to 1 p.m., Tuesday at the NCO Club. The cost is \$12. RSVP is required by today. To make a reservation, e-mail FJSCreservations@yahoo.com.

For more information, visit www.FortJacksonSpousesClub.com.

Employment Readiness Orientation

An Employment Readiness Orientation will take place from 8:30 a.m. to noon, Wednesday at the Education Center, Room B-206. For more information and to register, call 751-4867/5452.

Identity Theft Prevention Class

A class on how to prevent identity theft will be offered 8:30-10:30 a.m., Wednesday at the Education Center, Room B-302.

For more information and to register, call 751-5256/6325.

Resume Writing for Beginners

A class on how to prepare a resume for a job fair or private sector employment is scheduled for 1-3:30 p.m., Wednesday at the Education Center, Room B-206. For more information and to register, call 751-4867/5452.

Phase II Levy Briefing

A Phase II Levy Briefing is set for 2:30-3:30 p.m., Wednesday at the Strom Thurmond Building, Room 213. For more information and to register, call 751-5256/6325.

Upcoming

Personal Financial Readiness

A workshop on Personal Financial Readiness is set for 8:30-10:30 a.m., Oct. 9 at the Education Center, Room B-302. For more information and to register, call 751-5256/6325.

Domestic Violence Awareness Rally

A Domestic Violence Awareness March and Rally will begin 9 a.m., Oct. 11 at Pierce Terrace Elementary School. The march will end at the Youth Services Center.

Sponsor Training

Training for sponsors is scheduled for 1-2 p.m., Oct. 9 at the Strom Thurmond Building, Room 213. For more information and to register, call 751-5256/6325.

Tychsen award



Photo by Susanne Kappler

Staff Sgt. Ben Dougherty, 171st Infantry Brigade, was presented the Brig. Gen. Andrew C. Tychsen award by Mike Jones, a former member of the 100th Infantry Division, during Victory Rally Sept. 24 at the Officers' Club. Dougherty received the award and a \$500 savings bond for being the highest scorer during this year's Expert Infantry Badge testing.

Art of Relaxation

A class on relaxation is scheduled for 4-7 p.m., Oct. 9, 16, 23 and 30 at 5616 Hood St., Room 10. For more information and to register, call 751-5256/6325.

EFMP Support Group

The Exceptional Family Member Program support group will meet 5 p.m., Oct. 10 at the McDonald's on the corner of Hardscrabble and Clemson roads. For more information and to register, call 751-5256/6325.

Christian Seminar

A seminar on "How to effectively teach God's word" is scheduled for 9:30 a.m., Oct. 11 at Daniel Circle Chapel. For more information, call 751-4216.

Drill Sergeant Spouses Course

A Drill Sergeant Spouses Course is scheduled from 8:30 a.m. to 2 p.m., Oct. 14 at the Joe E. Mann Center conference room. For more information and to register, call 751-5256/6325.

Baby Basics/Baby Bundle/Dad 101

Baby Basics/Baby Bundle/Dad 101 workshops are planned from 10 a.m. to 1 p.m., Oct. 14 at the Joe E. Mann Center conference room.

Anger Management Class

A class on anger management is scheduled from 11 a.m. to 1 p.m., Oct. 14 at 5616 Hood St. For more information and to register, call 751-5256/6325.

EFMP Autism Support Group

The Exceptional Family Member Program autism support group will meet 5 p.m., Oct. 14 at a location to be determined. For more information and to register, call 751-5256/6325.

ter, call 751-5256/6325.

Financial Readiness for First-Term Soldiers

There will be a Financial Readiness for First-Term Soldiers seminar from 8:30 a.m. to 4:30 p.m., Oct. 15 at the Education Center, Room B-302. For more information and to register, call 751-5256/6325.

Job Interview and Salary Negotiation Skills

A workshop on how to successfully interview for a job and how to negotiate a salary is scheduled from 9 a.m. to noon, Oct. 15 at the Education Center, Room B-206. For more information and to register, call 751-4867/5452.

Child Abuse Awareness

A class on child abuse awareness is scheduled from noon to 2 p.m., Oct. 15 at the Main Post Chapel. For more information and to register, call 751-5256/6325.

Second Career Seminar

A seminar entitled "Marketing yourself for a second career" is set for 9-11:30 a.m., Oct. 17 at the ACAP Center. The seminar is for officers and senior enlisted Soldiers who plan to leave the service in the next one to five years. For more information and to register, call 751-6062.

Announcements

Blank Forms Stockroom Relocation

The Directorate of Human Resources blank forms stockroom will relocate to building 4400 (official mail and distribution center) Wednesday. Forms will be available for pick up from 9 a.m. to noon, daily.

COMMUNITY HIGHLIGHTS

Scholarships



Photo by Daniel Terrill

Shirley O'Neal, left, education services officer, congratulates Sgt. Joshua Paad, Drill Sergeant School, second from left, and Staff Sgt. Joseph Murrill, Company B, Victory Support Battalion, for receiving a \$1,000 scholarship during Victory Rally Sept. 24 at the Officers' Club.

Civilian Service Medal



Photo by Susanne Kappler

Brig. Gen. Bradley W. May, Fort Jackson commanding general, presents Jo An Miller, Red Cross senior station manager, with the Outstanding Civilian Service Medal during Victory Rally Sept. 24 at the Officers' Club.

For more information, call 751-5335.

DHR Closure

The Directorate of Human Resources, including the ID card section, will close at 10:30 a.m., Oct. 10 for organization day. In case of an emergency, call 751-4519.

DOIM Closure

Starting Oct. 10, the Directorate of Information Management will be closed 7:30-11:30 a.m., the second and fourth Friday of each month for training. For more information, call 751-3646.

Reserve Recruiting

The 1st Battle Command Training Group in Birmingham, Ala., has openings for Soldiers of all military occupational specialties in the rank of sergeant first class through lieutenant colonel. For more information, call (205) 987-8443 or e-mail Larry.Kingsr@usar.army.mil.

81st RSC JAG Vacancies

The 81st Regional Support Command Office of the Staff Judge Advocate has vacancies for six Reserve officer positions, two civilian attorneys and one civilian paralegal. For more information, call 751-2692/0833.

Recurring Meetings

Weekly

Walking Away Stress meets at 9 a.m., Mondays and Fridays at the pecan orchard near the post office on Early Street. For a walking log or more information, call 751-6325.

Play Group meets 10-11:30 a.m., Mondays at 5953C Parker Lane. For more information, call 751-5256/6325.

Range Control Briefing is held at 1 p.m., Mondays and Fridays at the Education Center, Room 302. For more information, call 751-7171.

Helping Everyone Reach Optimum Strength meets 5-6 p.m., Tuesdays at Moncrief Army Community Hospital, seventh floor. It is open to combat veterans and their family members. For more information, call 751-2160/2183.

Medical Board Office is closed from 7:30 a.m. until 1 p.m., every Thursday. For information, call 751-0359/7152/7318.

Protestant Women of the Chapel meet Thursdays from 9:30 a.m. to 12:30 p.m. at the Main Post Chapel. Homeschoolers are welcome and evening studies are available. Free child care is available. For information, e-mail pwocjackson@yahoo.com.

Overseas Travel Clinic is held from 8:30 a.m. to noon, Fridays. For more information, call 751-5151.

Military Widows/Widowers Association meets at 2 p.m., Sundays at Moncrief Army Community Hospital, eighth floor. For more information, call 787-2469.

Monthly

The Ladies Auxiliary meets at 3 p.m., the second Sunday of the month at 534 S. Beltline Blvd. Call 782-5943 or 782-0148 for more information.

Civil Air Patrol meets at 6:30 p.m., the first Monday of the month at Columbia's downtown airport, Owens Field, main conference room. For more information, e-mail tom.alsup@gmail.com or visit online at www.scwg.cap.gov.

Weight Loss Surgery Support Group meets at noon the second and fourth Monday of the month at the Weight Management Center, 180 Laurel Street, Columbia.

The group also meets the second and fourth Tuesday of the month at 6:30 p.m. at the Palmetto Health Baptist Breast Health Center, 1501 Sumter St., Ground Level, Meeting Room 2, Columbia.

Seabees meet at 7 p.m., the second Monday of the

month at the West Metro Chamber of Commerce and Visitors Center. Call 755-7792, 736-0841 or 755-0300 for more information.

Veterans of Foreign Wars meet at 7:30 p.m., the second Monday of the month at 534 S. Beltline Blvd. Call 782-5943 or 782-0148 for more information.

Sergeant Audie Murphy Club meets at 11:30 a.m., the first Tuesday of the month at the Post Conference Room www.jackson.army.mil/360/SA-MC/home.htm.

American Legion Post #182 meets at 7 p.m., the first Tuesday of the month at the Officers' Club. For information, call 351-2333.

Disabled American Veterans meet 6 p.m., the second Tuesday of the month at 511 Violet St., West Columbia. For information, call 796-7122.

Fleet Reserve Association Unit 202 meets at 1 p.m., the third Tuesday of the month at 2620 Lee Road. Call 482-4456 for information.

Vietnam Veterans of America Chapter 303 meets at 7 p.m., the third Tuesday of the month at American Legions Post 6, 200 Pickens Street. For more information, call 312-4895.

Purple Heart #402 meets at 7 p.m., the fourth Tuesday of the month at the American Legion Post #6 on Pickens Street. For information, call 351-2333.

American Red Cross new adult volunteers orientation is the third Wednesday of the month from 9 a.m. to noon at building 2179 on Sumter Avenue. For more information, call 571-4329.

"Victory Riders" Motorcycle Club meets at 5 p.m., the first and third Thursdays of the month at Magraders Club. For information, e-mail sec@fvictoryriders.com.

Society of American Military Engineers meets 11:30 a.m., the fourth Thursday of the month. For information, call 254-0518 or 765-0320.

MEDPROS training will be held 1-4 p.m., the third Friday of the month, at the hospital, Room 9-83. For more information or to register, e-mail Jaclynne.Smith@amedd.army.mil.

Retired Enlisted Association meets at 5:30 p.m., the third Friday of the month at the hospital, third floor. For information, call 740-2319 or e-mail jrodgers11@sc.rr.com.

92nd Buffalo Chapter 20 DAV meets at 11 a.m., the third Saturday of the month, except July and August, at the DAV Headquarters 511 Violet St., West Columbia. For information, call 260-1067.

U.S. Navy Sea Cadets, for 11-18 year olds, meet the third weekend of the month. For information call 622-8707.

To submit a recurring meeting, e-mail the name of the group, when and where the meeting takes place and contact information to fleader@conus.army.mil.

Volunteers Needed

The Thrift Shop is looking for volunteers. Many positions are available. For more information, call 787-2153.

CYS Transportation for High School Students

Child, Youth and School Services is planning to establish transportation between local high schools and the Fort Jackson Youth Center. CYS is seeking input from community members. For more information, call 751-6387 or e-mail Marilyn.Carver@us.army.mil.

High School Senior Stabilization

Soldiers may request to remain in their current duty assignment until their child in high school graduates by submitting a DA form 4187 through their chain of command. For more information, call (703) 325-4422/5191.



Photos by Susanne Kappler

The cast members of the Army Soldier Show started and ended the program in full battle gear. The Soldiers all have a “regular” Military Occupational Specialty and became part of the cast after auditioning. They are assigned to the Army Entertainment Division at Fort Belvoir, Va., for the duration of the tour. The Soldiers performed at the MG Robert B. Solomon Center Saturday and Sunday.

Sgt. Sarah Connell, right, Moncrief Army Community Hospital, performs with cast member Sgt. 1st Class Dendre Wright during a performance of the Soldier Show Saturday. Connell plans to audition for next year’s Soldier Show.



Spc. Shirley Dirden, an operating room specialist stationed in Yongsan, Korea, performs during the Soldier Show.

Soldiers came, sang, conquered

Susanne Kappler
Leader Staff

From Rhianna to the Andrews Sisters — the program of the 2008 Army Soldier Show has something to offer for every taste. The cast of uniformed entertainers made a stop at Fort Jackson last weekend for four performances at the MG Robert B. Solomon Center.

The show celebrated its modern-day 25th anniversary with a program themed, “For the Soldier - by the Soldier” — a fitting motto for its visit to Fort Jackson, where three of the performances were exclusively for Soldiers in Advanced Individual Training and Basic Combat Training.

The shows in front of a Soldier-only audience are special to Spc. Kathrine Schaefer, North Carolina National Guard, a performer who first saw the Soldier Show while she was in basic training at Fort Jackson.

“The Soldiers can relate to us on stage and off the stage. Sometimes we get to walk off and meet them,” she said. “I know it was hard going through boot camp. And I really needed somebody to talk to or something fun to do every once in a while. When I was at boot camp, I saw the

Soldier Show here.”

Fellow performer, Pfc. Leroy Bradley III, a fire control enhanced operator at Camp Carroll, South Korea, agreed.

“The Soldier crowds are some of our best, best audiences. They’re the ones that keep us motivated,” he said. “We know that we’re motivating them. ... It’s not only about ‘Hooah, hooah, go out and fight,’ it’s also about lifting each other up, motivating each other to drive on. It’s a very good experience.”

The show features a variety of musical numbers, some of which are solo performances, others are choreographed ensemble pieces.

For one Fort Jackson Soldier, a dream came true toward the end of the show. Sgt. Sarah Connell, Moncrief Army Community Hospital, was invited to perform with the cast.

“I mentioned to one of my NCOs (noncommissioned officers) that I want to audition next year and he contacted them and they said I could perform with them,” Connell said. “It was nerve wrecking, but you couldn’t see anything because the lights are so bright.”

The Soldiers performing in the show are chosen after an auditioning process and spend six weeks learning the ropes at Fort Belvoir, Va., before going on tour.

“A lot of times people come to see the show and they see the 14 people on the stage and they think, ‘Ah, the Soldier Show, they just sing and dance,’” said Cpl. Amber Jones, a parachute rigger stationed at Fort Bragg, NC. “About 38,000 pounds of gear is loaded in and out before and after every single performance, over, I think, 3,300 miles of cable is run. Those same 14 performers that you see are the same 14 that set it up. ... It’s no small glorious task with stars on doors anywhere.”

“It’s a lot of work, but it’s very, very, very much worth it,” Bradley added.

The Soldiers in attendance thought it was worth it as well.

“It’s fun. It gives us a chance to have a good time,” said Pvt. Yusuf Johnson, Company A, 369th Adjutant General Battalion. “It gives the Soldiers a chance to show what they are good at other than their regular job.”

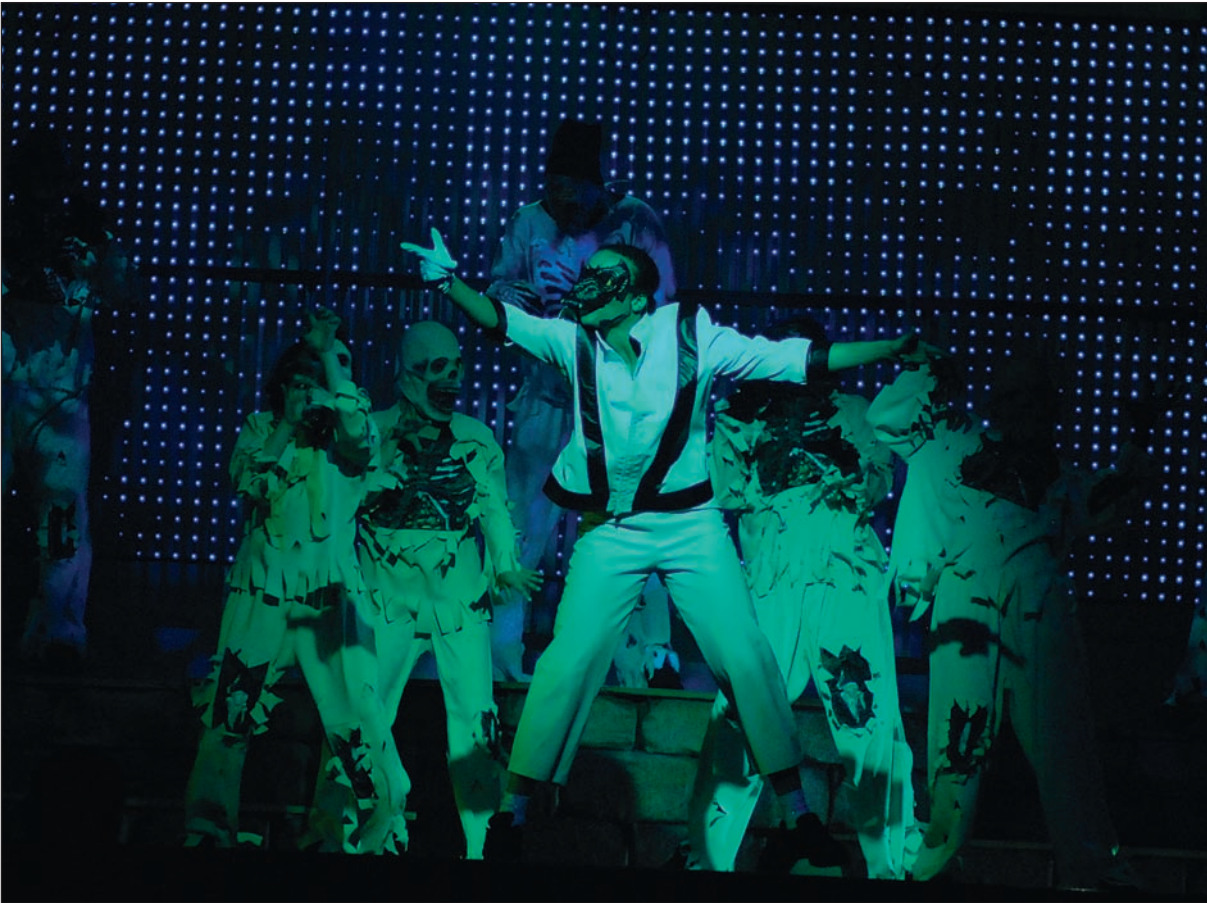
Susanne.Kappler1@us.army.mil



From left: Sgt. Kevin Lynum, Sgt. 1st Class Dendre Wright and Spc. Leroy Bradley III perform a medley of Motown songs Saturday in front of Soldiers from the 369th Adjutant General Battalion and the 187th Ordnance Battalion.



Spc. Katherine Schaefer and 1st Lt. David Drew rock to AC/DC’s “Back in black” during the Soldier Show. The song featured a Guitar Hero theme and screenshots from the game were shown on two TVs adjacent to the stage.



Cpl. Amber Jones impersonates Michael Jackson during the cast’s re-enactment of the singer’s “Thriller” video. “Thriller” was released in 1983, the same year that the modern-era Soldier Show was started.

CHALKBOARD

SKIES offers art clinics for children and families

Jennifer Myer

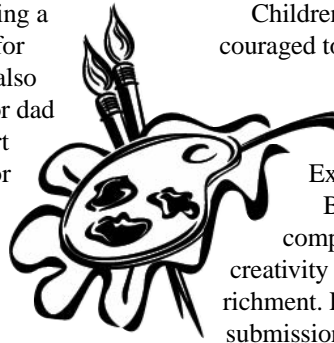
Schools of Knowledge, Inspiration, Exploration and Skills

All young Picassos are encouraged to attend the Schools of Knowledge, Inspiration, Exploration, and Skills Art clinic 1-4 p.m., Oct. 11. Children and youth ages 6-18 years old are eligible to participate. At the clinic, participants will discover various mediums of art while challenging their individual creativity and skills. The clinic costs \$10 per child and includes all materials.

Do not worry, even the littlest Monets have not been

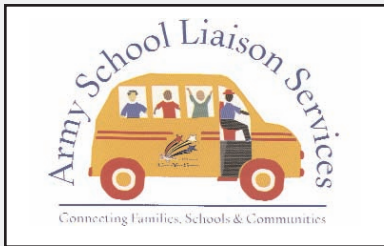
forgotten. SKIES Unlimited is also offering a Kinder-art clinic 9-10:30 a.m., Nov. 15 for children ages 3-5. Younger siblings are also welcome to participate as long as mom or dad joins in the fun. The cost of the kinder-art clinic is \$7 for a single child (ages 3-5) or \$12 for the family.

For more information about the art clinics, please call 751-6777. Information is also available on the web at www.fortjacksonmwr.com/skies.



Children who participate in the art clinics are also encouraged to submit their masterpieces in the Boys and Girls Clubs of America's National Fine Arts Contest. The competition is part of Boys & Girls Clubs of America's National Fine Arts Exhibit program.

BGCA's National Fine Arts Exhibit program is a comprehensive initiative promoting young people's creativity and encouraging artistic skills and cultural enrichment. For more information on the Fine Art Exhibit, submission dates and requirements, call 751-3053.



Fort Jackson Schools

Schools will be closed for **Columbus Day**, Oct. 13.

Richland District One

Early dismissal Wednesday for elementary school students.

Schools will be closed for **Columbus Day**, Oct. 13.

Delayed start for high school students Oct. 15.

Richland District Two

Interim reports issued Oct. 2-7 for middle and high school students.

Early dismissal Oct. 15 for elementary school students.

Dent Middle School Civil Air Patrol is asking for **old BDUs/ACUs** for its program. Call 699-2750 ext. 72007 for more information.

Fort Jackson Homeschoolers

A get-together for home-schooled students is planned for 11 a.m., Tuesdays for various activities. For more information, call 419-0760.

College

The South Carolina Commission on Higher Education has launched a **college**

information hotline for students and families. For up-to-date college information, call (877) 349-7183, 5:30-8:30 p.m., Tuesdays-Thursdays.

Announcements

Free **interactive video SAT/ACT prep course** for military dependents. Visit online at sat.eknowledge.com/military.asp for more information.

For information on **SKIES** classes, call 751-6777/3053.

Adopt-a-School is a program that encourages Soldiers to volunteer in local schools. Units or individual Soldiers may volunteer at schools on a one-time or a regular basis, with supervisory approval for use of mission time. For more information, call 751-6150 or e-mail

Ruth.C.Russell@us.army.mil.

Partnerships in Education is requesting participation in a survey of school transition issues by military families with school-age dependents. The survey is located online at www.fortjacksonmwr.com/school_liaison/.

Soldiers may request to **remain in a current duty assignment** until his or her high school student graduates. To make the request, Soldiers must submit DA Form 4187 through his or her chain of command to Personnel Command. For more information, call (703) 325-4422/5191.

Editor's Note: For more information on Army School Liaison Services, call 751-6150 or e-mail Ruth.C.Russell@us.army.mil.

FIRST RESPONDER



The following are incidents compiled from reports, complaints or information received from the Fort Jackson Provost Marshal Office.

The incidents reflected are not an adjudication attesting to the guilt or innocence of any person and are provided for informational and reflective purposes only.

Lt. Col. Ronald F. Taylor

Director, Emergency Services/Provost Marshal

Sgt. Maj. Allen Taylor Jr.

Provost Sergeant Major

Billy Forrester

Fire Chief

alcohol content of 0.15 percent, MPs said. The legal limit in South Carolina is 0.08 percent. The civilian was stopped while trying to enter the installation. A security guard detected the smell of alcohol and called the MPs. The civilian failed a standardized field sobriety test and was transported to PMO, where he was processed, MPs said.

A Soldier's debit card was stolen and used to access the Soldier's account, MPs said. The Soldier had left his wallet on his bed. The case is under investigation.

Provost Marshal's Tip of the Week

Soldiers and other personnel need to be mindful of their surroundings. Always remember to keep items secured and out of sight of others. Anyone at any given time can be a victim of theft. The simple means to avoid this is by securing your items.

Cases of the Week

A construction site break-in resulted in \$28,000 in damages, according to Military Police. MPs said a fence was cut to gain entrance to the site. In addition to numerous tools, a truck was stolen and driven through a closed gate in the escape.

A civilian was arrested on a drunken driving charge after a breath test showed a blood

crimestoppers
1-888-559-TIPS
www.midlandscrimestoppers.com

FORCE PROTECTION THOUGHT OF THE WEEK

First Sign of Terrorism

1 Surveillance

The first sign is someone trying to monitor or record activities. If terrorists are targeting a specific area, they will most likely be observed in that area during the planning phase of the operation.

Terrorists will attempt to determine the strengths, weaknesses, and number of personnel who may respond to an incident.



DHR

ACES offers *basic skills program for Soldiers*

Kay Spann Byrd
Education Counselor

As Soldiers pursue job proficiency and prepare for advanced Army career training, they may find themselves in need of two of the most basic academic competencies: math and English. Why are math and English so important? Both are critical to a person’s career, academic and life skills advancement.

Why is English so important? Knowing how to fluently and correctly read, speak and write English is extremely important to the Army. While in the Army, Soldiers experience many travel assignments. It is essential that Soldiers are well equipped to read and clearly understand their assignments. In the Army, Soldiers from all parts of the world are brought together for one common goal.

It is imperative that Soldiers are able to effectively communicate with each other. English is now widely spoken on six continents. It is the primary language of the United States, the United Kingdom, Canada, Australia, Ireland, New Zealand, and various small island nations in the Caribbean Sea and the Pacific Ocean. It is also an official language of India, the Philippines, and many countries in sub-Saharan Africa, including South Africa, according to *www.britannica.com*.

While some Soldiers may fear facing the challenge of conquering math and English, others find it relatively easy. According to *www.gavilan.edu*, the best way to learn math is to learn it at the same time you are learning English. Results from a 2003 U.S. Department of Education Learning Community Project discovered that the links between math and English are actually quite deep and profound on both a concrete and a more philosophical level.

Even when students were elegantly able to express key differences between the two subjects, they still recognized the important connections that link them academically and could use these links to better support their academic arguments.

Because of the connections that were being made, stu-

dents became more confident in each subject. “I would tell (new students) if they plan on taking math and English, they should take them together. It is truly fascinating to see how closely related English and math are,” said James Sanchez, Q.E.D. learning community student.

Soldiers who need that extra push in accomplishing their Army career goals can find the help they need at the Army Continuing Education System Center. The Basic Skills Education Program helps Soldiers increase their ability to raise their General Technical score by taking the Armed Forces Classification Test. The GT score often determines which positions a person can be considered for in the military. For example, a GT score of 110 is required to enlist in Officer Candidate School. A score of 110 is required for pilots, and generally qualifies a person for positions up to step 18. Any GT score less than 110 will make Soldiers ineligible for some Army jobs and some military schools. Also, Soldiers interested in the Warrant Officer program must have a GT score of 110 or above.

Whether Soldiers have been in the service for two years or 10 years, they have a variety of reasons for wanting to take the AFCT and raise their score.

Upon entry into the Army, Soldiers are administered the Armed Service Vocational Aptitude Battery at the Military Entrance Processing Station. Six months after the date of their MEPS ASVAB exam, Soldiers are eligible to retake the AFCT. Before Soldiers take the AFCT, ACES offers the highly recommended, intensive, two week BSEP class. This program helps Soldiers strengthen their basic reading and comprehension, writing and math skills, so that they can improve their GT test scores and increase their chances for career advancement.

Knowing that the most recent score a Soldier makes is the score he or she must keep, ACES recommends Soldiers take step-by-step testing, beginning with the Tests of Adult Basic Education, followed by the GT exam. If a Soldier is enrolled in the BSEP class and begins to see

ASAP Calendar of Events

The Army Substance Abuse Program provides prevention/education to the community on topics pertaining to alcohol and other drug usage.

ASAP maintains a wide selection of pamphlets and videos that can be used to get a better understanding of the dynamics of substance abuse and use. ASAP staff is available to give presentations on alcohol and drug abuse. For questions about classes offered or about substance abuse, call 751-5007.

improvement in math and reading skills, this is an indication that he or she may be ready to take the GT Predictor. However, before taking it, it is recommended that Soldiers take the TABE D exam, and produce scores at the 11th or 12th grade levels in both reading and math. Soldiers are given the TABE D, both as an entry and exit exam for the BSEP class. This process gives them test-taking practice and helps them in knowing when they are ready to take the AFCT. All math concepts are tested by means of story problems. During the 2 1/2-week program the Soldier’s place of duty is the classroom. Soldiers must wear their duty uniform.

Upcoming BSEP classes are scheduled to begin Oct. 6, Oct. 23, Nov. 3, Nov. 20, Dec. 1 and Dec. 18. Classes run for 2 1/2 weeks, pre and post testing included. Enrollment forms are available at the Army Continuing Education System Center, room A-100. Enrollment forms must be completed, signed by the commander or first sergeant, and submitted to the Education Center no later than the Tuesday before the class starts. BSEP is a job-related curriculum that provides on-duty instruction in prerequisite academic competencies in basic English and math.

For more information, contact an education counselor at the Education Center or call 751-6072/4714/1277.

CHAPEL

Find

God in

silence

Chaplain (Lt. Col.) David Acuff
165th Infantry Brigade

“Be still, and know that I am God.”
Psalm 46:10
The words “boredom” and “bored” are not in the Bible. That is because boredom is a new feeling. People didn’t used to get bored; they didn’t know what it felt like. That is strange because 100 years ago people had absolutely nothing to do. At least it seems that way to us. No radio (let alone the merged *XM* and *Sirius*), no TV (let alone a huge HD flat-screen), no computers, no internet, no *Facebook*, no *You Tube*, no *X-Box*.
Now, every house and often every bedroom contain most or all of these amenities, and still the cry is heard, “I’m bored.”
And it is not just the young people — we all feel that way.

It is important to realize that all of the new stimulation devices we have received in the past 20 years are not the cure for boredom but rather the root of it. The more channels, the more pixels, the more megs and gigs, the greater the screen size, the farther the cars fall off the cliff, the bigger and louder the blasts when they land — all the these things combine to not alleviate boredom, but, again, create and relentlessly increase it.

The year before last, I was in Korea on an unaccompanied tour. I didn’t have a TV my first three months there. What did I do? I read. Then I relented and bought a small TV. Even that little TV lured me away from my books. But I began to find that I would restlessly cycle through the channels, becoming irritated that there was really nothing on. The weird thing was, the books bored me less than the TV, but it was the TV that won out, more often than not.

It is very easy to fall into the TV groove. Were it not for the fact that I finally got disgusted enough with TV programming to reach over and turn the thing off, I too would have been thinking, “I’m bored.”
I too walk down the aisles of the PX and gaze into the HD screen of the 98-inch TVs. But were I to buy one and borrow a truck to haul it home (they won’t fit inside a regular car), I would soon be as bored with it as I was with the old TV. And probably more so.
A Southern writer, named William Faulkner, said that we once had the voice

Worship services

- Protestant
- Sunday 8 *a.m. and 10:45 a.m.* Daniel Circle Chapel (Gospel)
8 *a.m.* Bayonet Chapel (Hispanic)
9:00 and 10:30 *a.m.* Magruder Chapel
9:30 *a.m.* Main Post Chapel
10:45 *a.m.* Post-wide Sunday School (Post Chapel)
11 *a.m.* Daniel Circle Chapel
11 *a.m.* Memorial Chapel
11 *a.m.* Chapel Next
Chaplain School
 - Wednesday 7 *p.m.* Gospel Mid-week Service Daniel Circle Chapel
- PROTESTANT BIBLE STUDY
- Monday 7 *p.m.* Women's Bible Study (PWOC - Post Chapel, Class 209)
 - Wednesday 7 p.m. Anderson Street Chapel 7 *p.m.* Daniel Circle Chapel 7 *p.m.* Gospel Congregation's Youth (Daniel Circle Chapel)
 - Thursday 9:30 *a.m.-noon* Women's Bible Study (PWOC, Post Chapel)
6 *p.m.* Neighborhood CMF/OCF Bible Study (Call 790-4699)
7 *p.m.* LDS Bible Study (Anderson Chapel)
 - Saturday 8 *a.m.* Men's Prayer Breakfast (Post Chapel, (every second Saturday of the month in Chapel Fellowship Hall)

- PROTESTANT YOUTH OF THE CHAPEL
- Sunday 5 *p.m.* Daniel Circle Chapel (1st & 3rd Sundays)
 - Wednesday 6:30 *p.m.* Main Post Chapel

- Lutheran/Episcopalian
- Sunday 8 *a.m.* Memorial Chapel

- Islamic
- Sunday 8-10 *a.m.* Islamic Studies
 - Friday 12:30-1:45 *p.m.* Jumah Services (both — Main Post Chapel)

- Church of Christ
- Sunday 11:30 *a.m.* Anderson Chapel

- Catholic
- M-F 11:30 *a.m.* Mass (Post Chapel)
 - Sunday 8 *a.m.* Mass (Solomon Center)
11 *a.m.* Mass (Main Post Chapel)
9:30 *a.m.* Mass (120th AG Battalion Chapel)
9:30 *a.m.* CCD (Education Center)
9:30 *a.m.* Adult Sunday School
12:30 *a.m.* Catholic Youth Ministry
 - Wednesday 7 *p.m.* Rosary
7:30 *p.m.* RCIA/Adult Inquiry

- Jewish
- Sunday 9:30-10:30 *a.m.* Memorial Chapel
10:30-11:30 *a.m.* Jewish Book Study (Post Conference Room)

- Latter Day Saints
- Sunday 9:30-11 *a.m.* Anderson St. Chapel

Addresses, phone numbers

Daniel Circle Chapel — 3359 Daniel Circle, Corner of Jackson Blvd., 751-4216
Main Post Chapel — 4580 Strom Thurmond Blvd., corner of Scales Ave., 751-6469
Bayonet Chapel — 9476 Kemper St., 751-4542
Family Life Chaplain - 4850 Strom Thurmond Blvd. (inside of Main Post Chapel), 751-5780
Anderson St. Chapel — 2335 Anderson St., Corner of Jackson Blvd., 751-7032
Education Center — 4581 Scales Ave.
Magruder Chapel — 4360 Magruder Ave., 751-3883
120th Rec. Bn. Chapel — 1895 Washington St., 751-5086
Memorial Chapel — 4470 Jackson Blvd., 751-7324
Chaplain School — 10100 Lee Road, 751-8050

of God, whereas now we have the voice of the radio. How much more that is true of all the media we have now, and how much more are most people removed from a felt presence of God. The truth is simple but difficult: God comes to us in silence and stillness.

LEGAL

Knowing the facts before getting divorced

Part 3 of 3: How to deal with child support, parenting concerns

Capt. Jeniffer G. H. Cox
Legal Assistance Attorney

In preparation for a divorce, parents should develop a “dream parenting plan” that deals with major parenting issues, including: relocation, decision-making, visitation, transportation, what happens when a parent deploys, expenses for parenting, and child support.

Each party should figure out which parts of the dream parenting plan are negotiable and work with the other party toward compromise in those areas. It is better for children when their parents can agree, or at least agree to disagree, than to watch or listen to their parents argue over them. Children should never be used as weapons in a divorce.

Every state has its own method for calculating child support. The state guidelines will be the basis that the court uses to determine the child support amount.

The documentation the parties provide to each other during the financial portion of the divorce should accurately reflect both parties’ incomes, expenses for child care and uncovered medical expenses.

In some states, the number of overnights the children spend with each parent will also factor into the child support calculation. Many states have calculators available on their Web sites that can assist parents in determining the amount of child support that should be paid.

During the preparation phase, especially if parents are physically separated, it is a good idea to keep a parenting journal. The journal can include everything from contact information for the children’s teachers to schedules and parenting time notations. A written record of telephone

calls, doctors visits and how the children are doing is useful when working on a parenting plan for the future. Parents who work well together will often exchange a parenting journal, so the other parent will know exactly what is happening with the children at any point in time. Even if the situation prevents a mutual parenting journal, an individual parenting journal is useful as well.

Parents should talk to their children’s school and let them know that both parents should be included on all mailings and both listed as emergency contacts.

It is important to keep an eye on the children because this is a difficult transition for them as well. If they start to withdraw, act out, or act different from normal, parents should consider finding help for them through counseling or therapy.

Parents who find it difficult to separate their emotions about their spouse from the parenting issues in the divorce should find a counselor or therapist for themselves. Parents should never make disparaging remarks about the other parent to or in front of the children. Army Community Service offers parenting classes which are useful to those suddenly finding themselves a single parent.

Overall, it is important to recognize that the process is smoother and quicker when divorcing parties are able to work together to resolve their disagreements. This is not to say that every couple will be able to do so. However, couples are more likely to follow through on agreements reached together than on orders made by the court.

Divorce is both a traumatic ending and, especially if children are involved, a new beginning. Divorcing couples should get as much information as possible and take

Operation Hours

Fort Jackson’s Legal Assistance Office, located in the Office of the Staff Judge Advocate, 9475 Kershaw Road, is open 9 a.m. to 4 p.m., Monday through Thursday.

For appointments, call 751-4287. The office accepts walk-ins for living wills, health care powers of attorney and durable powers of attorney, 1:30-4 p.m., Tuesdays and Thursdays.

Walk-ins are welcome for general legal questions and are accepted 9-11 a.m., Thursdays.

precautions to protect their children and finances. It is helpful to mediate and reach agreement on the important things. Couples who compromise on the little things are able to divorce quicker and can start their new lives with less stress.

However, a party should not agree to everything just to get the divorce concluded sooner, because this might mean settling on issues that have long-term effects. If something does not seem right, do not sign anything without obtaining counsel from an attorney.

Editor’s Note: *Legal assistance attorneys cannot represent you in court, but can review documents with you, and if necessary refer you to civilian attorneys who can represent you. Please be aware that our office can only see one party in the divorce. The other party must speak with a different legal assistance office or a civilian attorney.*

SPORTS/FITNESS

Getting ready for the Army Physical Fitness Test

COMMENTARY

Maj. Thomas Hundley
Moncrief Army Community Hospital

It's that time of year again — football season, tailgating cookouts, the State Fair and the Army Physical Fitness Test.

I seem to meet more new people on the track and in the gym this time of year than any other. But my greatest enjoyment is watching the individual personalities and attitudes during the PT test.

For example: The, "I am only going to do the minimum score" Soldier; then there's the, "I'm afraid of failing my run" Soldier; and finally there's the, "I hope I haven't gained too much weight," Soldier.

Although these attitudes and fears are common during this time of year, they do



Maj. Thomas Hundley

not have to be our reality. Here are a few practical tips to help you become better prepared for your upcoming APFT.

Let these modern day phrases not only serve as your guide to APFT success, but also for better physical health.

Pop, Lock and Drop It!

This phrase just took on a whole new meaning. The push-up event is always the first event during the APFT.

I want you to *pop* to the position of attention, *lock* your arms and elbows, and *drop* to the floor to assume the push-up position.

Perform as many push-ups as you can without stopping. After you have reached

your limit, rest for one minute and repeat that sequence two more times. Perform this routine three times per week.

Lean Wit' It! Rock Wit' It! It's time to do your best Rocky Balboa impersonation. Perform as many twisting sit-ups (right elbow to left knee and vice versa) as you can. After you have reached your limit, rest for one minute and repeat that sequence two more times.

Perform this routine three to four times per week. It helps to have foot support, like the bottom of a couch, a wall or human hands.

Run Forest Run! You can't avoid this event, so let's just do it. Since 2 miles is the ultimate goal, we will start there. Run 2 miles at least four days a week during the first week and add a half mile every

week after. After the third week, test your speed by timing yourself on a 2-mile course. After you have tested your speed, continue increasing a half mile until your APFT date.

Back That Thang Up! The PT Test is never done until the weigh-in is done, so your diet is critical to success. Instead of going through the buffet line three times, "back that thang up" and go only once.

Instead of running to get that piece of sweet potato pie, "back that thang up" and grab some fruit.

Instead of going to the drive-thru for an order of curly fries, "back that thang up" and grab a side salad.

Your success in October depends on your preparations today. Be safe and diligent in your preparations and I'll see you at the finish line. Victory Starts Here!

Pigskin time



Photo by Daniel Terrill

During the opening game for flag football season, quarterback Spc. Adam Burns runs the ball for the 2nd Battalion, 39th Infantry Regiment against the 17th MP Detachment Sept. 24 at Hilton Field. 2-39 won, 21-7.

Sports Briefs

Volunteer Coaches Needed for Cheerleading

Volunteer youth cheerleading coaches are needed. Experience is desired, but not mandatory. Volunteers get the "coaches discount," when their own children also play sports — 100 percent for the first child; 50 percent for each additional child. For more information or to volunteer, call 751-5040.

Important Numbers

For youth sports, call 751-5610/5040; For golf information, call 787-4437/4344; For sports information, call 751-3096.